SMART Recovery Policy on Facilitator Slips and Relapses

There is no firm policy about how to respond to slips and relapses. Facilitators who experience a slip or relapse are asked to contact your Regional Coordinator, Local Coordinator, and/or the National Office.

The general guideline is that we desire facilitators without active addiction problems. If they are in recovery, that means we want them to be abstinent from their drug of choice. If they have never needed recovery, then we also want them not to misuse substances or engage in addictive activities.

Slips and relapses are handled on a situation-by-situation basis. Situations can vary greatly. The three areas of concern are:

1. The meeting and its participants
2. The facilitator
3. Responding in a balanced manner to be responsible and maintain the integrity of SMART Recovery. (See the President’s Letter in the Fall 2012 News & Views for a longer article on this subject.)