

SMART RECOVERY IN COURT AND CORRECTIONAL ENVIRONMENTS



SMART works within jails, prisons, and drug-court facilities across America to provide people needing help with addiction problems non-religious, self-empowering recovery support. In as many as ten cases, federal appellate and state supreme courts have ruled that defendants and others required to attend support group meetings be offered a non-religious or secular option. In all these cases, the courts regard any 12-step program as religious.

SMART is dedicated to giving individuals the power of choice in their recovery journey. This power begins with the support meetings they attend and extends to how people learn to manage their thoughts, feelings and behavior over the course of recovery.

Research and therapeutic practice have established that individuals who choose their approach to recovery are more successful—a foundational principle in the widely used treatment discipline known as Motivational Interviewing. SMART facilitators are trained in MI and use this discipline while leading meetings.

SMART Recovery's InsideOut[®] Program

InsideOut is the correctional version of the SMART Recovery program. It was developed by a private company under a license from SMART Recovery, using a \$1 million NIDA grant. After tremendous success around the world, our InsideOut program has been further developed for use in local and federal law enforcement facilities.

SMART Recovery and InsideOut are well established, religion neutral, and evidence based. Participants in InsideOut learn a wide range of successful life skills that will help them while they are incarcerated and after they return to their community.

WHAT WE DO

- Recovery Meetings:
In-Person and Online
- Facilitator Training

WHO WE SERVE

- Individuals
- Family & Friends
- Treatment Professionals
- Courts & Corrections Officials
- Young Adults
- Veterans
- Volunteers

CONTACT US

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SMART
Recovery

Life beyond addiction

LEARN MORE

We are available to help in the area of providing addiction recovery support for correctional institutions and environments. Visit www.smartrecovery.org/courts to learn more.