

# SMART RECOVERY TRAINING PROGRAMS



The success of SMART Recovery would not be as great without our worldwide network of volunteers and facilitators teaching and spreading SMART's self-empowering, science-based approach to addiction recovery. If you are interested in bringing SMART Recovery to your community, we want to partner with you.

## Training Options:

We have training program courses and offerings tailored to specific roles. Training can be done online through a self-study, self-paced format, or in-person for groups.

- **Facilitator Training** – Our Facilitator training is a highly rated program that teaches SMART Recovery's 4-Point Program, tools, and skills necessary to comfortably and authoritatively lead SMART Recovery face-to-face or online meetings.
- **Family & Friends Training** – An add-on to the Facilitator training, this instruction teaches Facilitators how to provide a support group for concerned significant others of a loved one with an addictive behavior.
- **Professional Facilitator Training** – Designed for addiction professionals who wish to use SMART Recovery's self-empowering, evidence-based 4-Point Program and tools in their professional role. Eligible for 25 NAADAC approved CEs.
- **Meeting Host** – Our Meeting Host Training provides a SMART Recovery meeting outline, structure, and topics for discussion. This training allows individuals to quickly help with an existing meeting or start a new SMART Recovery meeting, while also practicing the skills needed to fully facilitate a SMART meeting.

**Group Rates:** Group discounts are available the purchase of two or more of our self-paced courses.

**Onsite & Zoom Group Training:** For groups of professionals and volunteers who wish to be trained in the SMART Recovery program, we offer facilitator-led group trainings. Group trainings are available for Facilitator, Family & Friends, Teen & Young Adults, InsideOut (for the correctional setting), and Successful Life Skills.

**Scholarships & Discounts:** We can offer our training at a reduced rate for students, those who work with youth and young adults, and others who qualify for financial assistance.

## Learn More

Learn more and register at [www.smartrecoverytraining.com](http://www.smartrecoverytraining.com).

## WHAT WE DO

- Recovery Meetings:  
In-Person and Online
- Facilitator Training

## WHO WE SERVE

- Individuals
- Family & Friends
- Treatment Professionals
- Courts & Corrections Officials
- Young Adults
- Veterans & First Responders
- Volunteers

## CONTACT US

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**SMART**  
Recovery

Life beyond addiction