

SMART RECOVERY TRAINING PROGRAMS



The success of SMART Recovery would not be as great without our worldwide network of volunteers and facilitators teaching and spreading SMART's self-empowering, science-based approach to addiction recovery. If you are interested in bringing SMART Recovery to your community, we want to partner with you.

Training Options:

We have training program courses and offerings tailored to specific roles. Training can be done online through a self-study, self-paced format, or in-person for groups.

- **Facilitator Training** – Our Facilitator training is a highly rated program that teaches SMART Recovery's 4-Point Program, tools, and skills necessary to comfortably and authoritatively lead SMART Recovery face-to-face or online meetings.
- **Family & Friends Training** – An add-on to the Facilitator training, this instruction teaches Facilitators how to provide a support group for concerned significant others of a loved one with an addictive behavior.
- **Professional Facilitator Training** – Designed for addiction professionals who wish to use SMART Recovery's self-empowering, evidence-based 4-Point Program and tools in their professional role. Eligible for 25 NAADAC approved CEs.
- **Meeting Host** – Our Meeting Host Training provides a SMART Recovery meeting outline, structure, and topics for discussion. This training allows individuals to quickly help with an existing meeting or start a new SMART Recovery meeting, while also practicing the skills needed to fully facilitate a SMART meeting.

Group Rates: Group discounts are available the purchase of two or more of our self-paced courses.

Onsite & Zoom Group Training: For groups of professionals and volunteers who wish to be trained in the SMART Recovery program, we offer facilitator-led group trainings. Group trainings are available for Facilitator, Family & Friends, Teen & Young Adults, InsideOut (for the correctional setting), and Successful Life Skills.

Scholarships & Discounts: We can offer our training at a reduced rate for students, those who work with youth and young adults, and others who qualify for financial assistance.

Mentoring Program: There is now a mentoring program available for potential and current volunteers! Find out more by going to the volunteers tab on our website and clicking VolunteerHQ.

Learn More: www.smartrecoverytraining.com.

WHAT WE DO

- Recovery Meetings:
In-Person and Online
- Facilitator Training

WHO WE SERVE

- Individuals
- Family & Friends
- Treatment Professionals
- Courts & Corrections Officials
- Young Adults
- Veterans & First Responders
- Volunteers

CONTACT US

SMART Recovery
7304 Mentor Ave., Ste. F
Mentor, Ohio 44060
440.951.5357

www.smartrecovery.org



SMART
Recovery

Life beyond addiction

