

Meeting Attendance Verifications

In SMART Face-to-Face meetings, requests for attendance verification are not frequent and often the participant has a form or book for you to sign.

On the next page is a fillable .pdf form you can use if/when you get a request in your meeting. Please save it to a folder on your computer. Then it will be easy to fill out, save back to your computer with a new file name, then e-mail to the participant. You can also print this if more convenient.



MEETING ATTENDANCE VERIFICATION

Dear,		
This is to verify that	atte	nded a SMART Recovery ®
meeting in	on	
His/her participation in the meeting(s) included:		
Sincerely,		
		Date
SMART Recovery® Facilitator		

SMART Recovery is an evidenced-informed recovery method grounded in Rational Emotive Behavioral Therapy (REBT) and Cognitive Behavioral Therapy (CBT), that supports people with substance dependencies or problem behaviors to:

- 1. Build and maintain motivation
- 2. Cope with urges and cravings
- 3. Manage thoughts, feelings and behaviors
- 4. Live a balanced life

For more information Phone: 440.951.5357

E-mail: support@smartrecovery.org Web: www.smartrecovery.org